

ACTIVE PARENTING OF TEENS PROGRAM

THE ACTIVE PARENTING OF TEENS PROGRAM IS AN EVIDENCE BASED PROGRAM THAT PROVIDES GUIDANCE AND SUPPORT NEEDED TO TURN THE CHALLENGES OF RAISING A TEENAGER INTO OPPORTUNITIES FOR GROWTH.

PARENTS WILL LEARN:

- METHODS OF RESPECTFUL DISCIPLINE
- SKILLS FOR CLEAR, HONEST COMMUNICATION
- CONCRETE STRATEGIES TO PREVENT RISKY BEHAVIOR
- HOW TO BE AN ENCOURAGING PARENT
- AND MUCH MORE, SUCH AS INSIGHT INTO IMPORTANT ISSUES SUCH AS TEENS ONLINE, BULLYING, AND DEPRESSION

**QUESTIONS?
INTERESTED?
757.306.1840
757.498.4673**

OUR MISSION

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.

GIRLS SHELTER

465 Kings Grant Road
Virginia Beach, VA 23452
Telephone: 757.306.1840
Fax: 757.306.1843

BOYS SHELTER

642 North Lynnhaven Road
Virginia Beach, VA 23452
Telephone: 757.498.4673
Fax: 757.340.5768

Deborah Phillips
Shelter Program Director
dphillips@setonyouthshelters.org

www.setonyouthshelters.org
24-Hour Hotline:
757.498.HELP (4357)
Toll Free 866.751.7640
facebook.com/setonyouthshelters
twitter.com/SetonYouth85
instagram.com/setonyouthshelters

Seton Youth Shelters is a 501(c)3 organization that provides shelter and counseling for youth in crisis with the goal of reuniting families.



ACTIVE PARENTING OF TEENS



Active Parenting of Teens is a parent education program that incorporates the popular Active Parenting of Teens Curriculum

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ABOUT THE PROGRAM

SETON YOUTH SHELTERS' ACTIVE PARENTING OF TEENS PROGRAM IS DESIGNED FOR PARENTS OF TEENAGERS AGES 12-17. IT IS OFFERED THROUGHOUT THE YEAR AND CONSISTS OF SIX WEEKLY MEETINGS. IT IS DESIGNED TO EDUCATE AND TO ASSIST PARENTS WITH THE FOLLOWING:

- How your parenting style influences your teen
- How to build your teen's self esteem and positive behavior
- How to redirect your teen's behavior
- How to raise a responsible teen through effective discipline
- How to win cooperation with your teen
- How family meetings shape values and solve problems



ACTIVE PARENTING OF TEENS

PROGRAM IS HELD ON MONDAYS FROM 6-8PM

AT:

**ST AIDAN'S EPISCOPAL CHURCH
3201 EDINBURGH DRIVE
VIRGINIA BEACH, VA 23452**



FOR MORE INFORMATION, CONTACT:

DEBORAH PHILLIPS

DPHILLIPS@SETONYOUTHSHelters.ORG

757.306.1840

Upon successful completion of the six week program, all participants will receive a certificate.

REGISTRATION FORM

Date:_____

Name of Parents Attending:

Name of Teen:

Home Phone:_____

Cell Phone:_____

Referring Agency:_____

Why have you chosen to attend?

What information would you find most helpful?

**Please Return Registration form to:
Seton Youth Shelters**