

MENTORING CHILDREN WORKS!

Mentoring has been shown to improve school performance, increase school attendance, improve family relationships, and increase the mentee's use of healthy coping skills.

*Source: MCP Surveys 2016 & 2017



55%

more likely to be enrolled in college

78%

more likely to volunteer regularly in their communities

81%

more likely to report participating regularly in sports or extracurricular activities

*Source: Mentor: The National Mentoring Partnership, Jan. 2014

SETON'S ANTI-DISCRIMINATION POLICY

Seton Youth Shelters does not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its client programs or employment practices.

Seton is committed to diversity and inclusion, serving youth of all backgrounds, and accepts every youth who presents, except in cases of acute level of suicidal/homicidal ideation or extreme violent behavior. Youth not appropriate for Seton's services receive referrals to alternate care settings.

OUR MISSION

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.

DONATE

Visit www.setonyouthshelters.org or call 757.963.5795 x0103#.

Donations are not accepted at the shelters. Please drop off all donations at our Administrative Office.

Boys' Shelter/Girls' Shelter

Toll Free: 1.866.751.7640
757.498.HELP (4357)

Administrative Office

101 N. Lynnhaven Road, Suite 101
Virginia Beach, VA 23452
Telephone: 757.963.5795 • Fax: 757.963.5852

Jennifer Sieracki, Executive Director
757.963.5795 x0105#
jsieracki@setonyouthshelters.org

For media inquiries and community events, please contact Melissa Ramsey at 757.963.5795 x0108# or mramsey@setonyouthshelters.org

For donations, general information and volunteer inquiries, please contact Michelle Broady at 757.963.5795 x0103# or mbroady@setonyouthshelters.org



Seton Youth Shelters is a National Safe Place licensed agency, providing youth in crisis 12 to 17 years old, immediate access to help through a network of area sites sustained by qualified agencies, trained volunteers, and businesses.



All contributions are critical and sincerely appreciated. Seton Youth Shelters is a non-profit 501 (c)(3) organization and is a United Way Certified Agency (5008)



BECOME A MENTOR



MENTORING CHILDREN OF PRISONERS (MCP)

REWARDS THAT LAST A LIFETIME



WHAT MENTORS DO

When a child experiences the incarceration of an adult loved one, it affects the entire family. They may have a hard time adjusting to a change in their family structure or feel uneasy about explaining this situation to peers and adults.

A mentor provides regularly scheduled activities with their mentee. Mentors can participate in recreational, educational, cultural activities, or just provide a listening ear—whatever is needed. A mentor can be a positive outlet for a mentee adjusting to changes within the family structure. Mentors commit to spending four hours per month (weekly or biweekly) with a mentee and one year in the program.



WE HELP YOU TO HELP THEM

MCP staff ensures that mentors are well prepared before being matched with a mentee. Mentors receive ongoing training and guidance from professional program staff prior to meeting their mentee and throughout the entire match period.

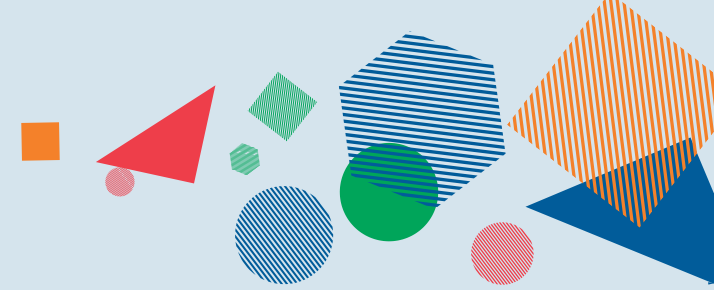
ABOUT THE MCP PROGRAM



The Mentoring Children of Prisoners (MCP) program is FREE and available to youth 4-18 years of age who have been affected by the incarceration (past or present) of a parent or adult loved one. The MCP program services all eligible mentees who live in the Hampton Roads area. Each child is paired with a volunteer adult mentor who serves as a positive role model.

QUESTIONS ABOUT THE PROGRAM?

Jazming Cleffman, Director, MCP Program
757.646.9965 or
jcleffman@setonyouthshelters.org
or Meredith Garriott, Administrative Assistant &
Project Coordinator, MCP Program,
757.406.2084 or
mgarriott@setonyouthshelters.org



FREQUENTLY ASKED QUESTIONS

How do I fit mentoring into my schedule?

- Most mentors have jobs, go to school, have families and other obligations.
- Mentoring is flexible.
- A mentor's job is to have fun!
- A mentor commits to spend 4 hours a month with their mentee and one year in the program.

What if we have nothing in common?

- Mentors and mentees are matched based on shared interests and preferences.
- The MCP Team provides ideas and access to low-cost and free activities.

Who can be a mentor?

- Adults 20 years or older.
- Able to spend four hours per month with a mentee.
- Ability to pass background checks.
- Someone with a license, auto insurance and a reliable vehicle.

If this is you, then YOU can be a mentor!

