

MENTORING CHILDREN WORKS!

Mentoring has been shown to improve school performance, increase school attendance, improve family relationships, and increase the mentee's use of healthy coping skills.

**Source: MCP Surveys 2016 & 2017*



55%

more likely to be
enrolled in college

78%

more likely to volunteer
regularly in their
communities

81%

more likely to report
participating regularly in
sports or extracurricular
activities

**Source: Mentor: The National Mentoring Partnership, Jan. 2014*

SETON'S ANTI-DISCRIMINATION POLICY

Seton Youth Services does not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its client programs or employment practices.

Seton is committed to diversity and inclusion, serving youth of all backgrounds, and accepts every youth who presents, except in cases of acute level of suicidal/homicidal ideation or extreme violent behavior. Youth not appropriate for Seton's services receive referrals to alternate care settings.

OUR MISSION

Seton Youth Services shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.

DONATE

Visit www.setonyouthservices.org
or call 757.963.5795 x103

*Donations are not accepted at the shelters.
Please drop off all donations at
our Administrative Office.*

Boys' Shelter/Girls' Shelter

Toll Free: 1.866.751.7640
757.498.HELP (4357)

Administrative Office

101 N. Lynnhaven Road, Suite 101
Virginia Beach, VA 23452
Telephone: 757.963.5795 • Fax: 757.963.5852

Jennifer Sieracki, Chief Executive Officer
757.963.5795 x105
jsieracki@setonyouthservices.org

For donations, general information
and volunteer inquiries, please contact
Michelle Broady, Director of Community
Partnerships, at 757.963.5795 x103
or mbroady@setonyouthservices.org



Seton Youth Services is a National Safe Place
licensed agency, providing youth in crisis 12 to
17 years old, immediate access to help through
a network of area sites sustained by qualified
agencies, trained volunteers, and businesses.



Seton Youth Services

Saving Lives, Building Futures

Shelter • Outreach • Mentoring

All contributions are critical and
welcomed. Seton Youth Services is a
non-profit 501 (c)(3) organization and is a
United Way Certified Agency (5008)
www.setonyouthservices.org



BECOME A MENTOR



SETON'S MENTORING PROGRAM

REWARDS THAT LAST A LIFETIME



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WHAT MENTORS DO

When a child experiences the loss of an adult loved one, it affects the entire family. They may have a hard time adjusting to a change in their family structure or feel uneasy about explaining this situation to peers and adults.

A mentor provides regularly scheduled activities with their mentee. Mentors can participate in recreational, educational, cultural activities, or just provide a listening ear—whatever is needed. A mentor is a positive outlet for a mentee adjusting to changes within the family structure. Mentors commit to spending four hours per month (weekly or bi-weekly) with a mentee and one year in the program.



WE HELP YOU TO HELP THEM

Seton's Mentoring staff ensures that mentors are well prepared before being matched with a mentee. Mentoring staff receive ongoing training and guidance from professional program staff prior to meeting their mentee and throughout the entire match period.

ABOUT SETON'S MENTORING PROGRAM



Seton's Mentoring Program is FREE and available to youth 4-18 years of age, especially those who have been affected by the incarceration (past or present) of a parent or adult loved one. The Mentoring program services all eligible mentees who live in the Hampton Roads area. Each child is paired with a volunteer adult mentor who serves as a positive role model.

QUESTIONS ABOUT THE PROGRAM?

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FREQUENTLY ASKED QUESTIONS

How do I fit mentoring into my schedule?

- Most mentors have jobs, go to school, have families and other obligations.
- Mentoring is flexible.
- A mentor's job is to have fun!
- A mentor commits to spend 4 hours a month with their mentee and one year in the program.

What if we have nothing in common?

- Mentors and mentees are matched based on shared interests and preferences.
- Seton's Mentoring Team provides ideas and access to low-cost and free activities.

Who can be a mentor?

- Adults 20 years or older.
- Able to spend four hours per month with a mentee.
- Ability to pass background checks.
- Someone with a license, auto insurance and a reliable vehicle.

**If this is you, then YOU
can be a mentor!**

