MENTORING CHILDREN WORKS!

Mentoring has been shown to improve school performance, increase school attendance, improve family relationships, and increase the use of healthy coping skills.

*Source: MCP Surveys 2018





52% less likely than their peers to skip a day of school



55%

more likely to be enrolled in college



more likely to volunteer regularly in their communities



81%

to report participating regularly in sports or extracurricular activities

*New infographic source: 2018 Mentoring.org

OUR MISSION

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.

DONATE

Visit www.setonyouthshelters.org or call 757.963.5795 x0103#.

Donations are not accepted at the shelters.

Please drop off all donations at

our Administrative Office.

Boys' Shelter/Girls' Shelter

Toll Free: 1.866.751.7640 757.498.HELP (4357)

Administrative Office

101 N. Lynnhaven Road, Suite 101 Virginia Beach, VA 23452 Telephone: 757.963.5795 • Fax: 757.963.5852

Jennifer Sieracki, Executive Director 757.963.5795 x0105# jsieracki@setonyouthshelters.org

For media inquiries and community events, please contact Melissa Ramsey at 757.963.5795 x0108# or mramsey@setonyouthshelters.org

For donations, general information and volunteer inquiries, please contact Michelle Broady at 757.963.5795 x0103# or mbroady@setonyouthshelters.org



Seton Youth Shelters is a National Safe Place licensed agency, providing youth in crisis 12 to 17 years old, immediate access to help through a network of area sites sustained by qualified agencies, trained volunteers, and businesses.



All contributions are critical and sincerely appreciated. Seton Youth Shelters is a non-profit 501 (c)(3) organization and is a United Way Certified Agency (5008)







MENTORING CHILDREN OF PRISONERS (MCP) PROGRAM



MAKE "BEING A KID" A LITTLE EASIER

An incarceration affects a child's entire family. The child may have a hard time adjusting to a change in their family structure or feel uneasy about explaining this situation to well-meaning peers and adults.

Some children have concerns that call for an adult perspective. However, they may be reluctant to share these concerns with a relative. The Seton Youth Shelters' MCP Program helps to empower youth in our community to make positive life choices that enable them to maximize their potential. Mentors are trained to take the lead in supporting a young person through an ongoing, one-on-one relationship.



SETON'S ANTI-DISCRIMINATION POLICY

Seton Youth Shelters does not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its client programs or employment practices.

Seton is committed to diversity and inclusion, serving youth of all backgrounds, and accepts every youth who presents, except in cases of acute level of suicidal/homicidal ideation or extreme violent behavior. Youth not appropriate for Seton's services receive referrals to alternate care settings.



CAREFULLY SCREENED VOLUNTEER MENTORS

Each child's MCP mentor is well-prepared for his or her role. All volunteers are at least 20 years old and have passed a Child Protective Services check, a criminal background check, a Sex Offender Registry check and a DMV check. Mentors have also completed training which is prepared and presented by Seton Youth Shelters' professional MCP staff.



HOW THE MENTORING PROGRAM WORKS

The Mentoring Children of Prisoners (MCP) program is FREE and available to youth 4 to 18 years old who have been affected by the incarceration (past or present) of a parent or adult loved one. Each child is paired with an adult who takes on the role of a friend—NOT a substitute parent.

A mentor's role is to provide regularly scheduled individual attention to his or her mentee. This time may be used to participate in recreational activities, helping with homework, or just providing a listening ear—whatever is needed.

MCP mentors commit to spending four hours a month with a mentee and one year in the MCP program.



QUESTIONS ABOUT ENROLLING IN THE PROGRAM?

Jazming Cleffman, Director, MCP Program 757.646.9965 or jcleffman@setonyouthshelters.org

or Meredith Garriott, Administrative Assistant & Project Coordinator, MCP Program, 757.406.2084 or mgarriott@setonyouthshelters.org.