

Seton Youth Services' youth and family community programs provide free education, crisis counseling and referral services to non-shelter residents and their families.

## SETON OFFERS THE FOLLOWING FREE GROUP PROGRAMS:

### Parent Education

Incorporating the nationally renowned Active Parenting curriculum, this multi-sensory program is designed to help parents understand their children while encouraging positive communication to resolve conflicts, and is offered on a quarterly basis throughout the year. For more information, call 757.306.1840 or 757.498.4673.



### Anger Management

Seton's Anger Management Program (AMP) is designed to help children manage stress and anger in a healthy manner and gain insight into how anger affects relationships. AMP is offered several times per year and is held over a secure, virtual platform. For more information, call 757.306.1840 or 757.498.4673.

- [www.setonyouthservices.org](http://www.setonyouthservices.org)
- Visit Seton on Facebook! Seton Youth Services
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Visit [www.setonyouthservices.org](http://www.setonyouthservices.org)  
or call 757.963.5795 x103

*Donations are not accepted at the shelters.  
Please drop off all donations at  
our Administrative Office.*

101 N. Lynnhaven Road, Suite 101  
Virginia Beach, VA 23452  
Telephone: 757.963.5795 • Fax: 757.963.5852

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For media inquiries and community events, please  
contact Michelle Broady at 757.963.5795 x103  
or [mbroady@setonyouthservices.org](mailto:mbroady@setonyouthservices.org)

For donations, general information  
and volunteer inquiries, please contact  
Michelle Broady, Director of Community  
Partnerships, at 757.963.5795 x103  
or [mbroady@setonyouthservices.org](mailto:mbroady@setonyouthservices.org)



Seton Youth Services is a National Safe Place licensed agency, providing youth in crisis 12 to 17 years old, immediate access to help through a network of area sites sustained by qualified agencies, trained volunteers, and businesses.

Toll Free: 1.866.751.7640  
757.498.HELP (4357)

## Seton Youth Services

Shelter Outreach Mentoring

All contributions are critical and welcomed. Seton Youth Services is a non-profit 501 (c)(3) organization and is a United Way Certified Agency (5008)



Since 1985

## Seton Youth Services

Shelter Outreach Mentoring



# OUTREACH EDUCATION

• MENTOR • SPONSOR

*Providing Lifesaving and Life-Changing  
Critical Support Services 24 Hours A Day,  
365 Days A Year Free of Charge*

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## OUR MISSION

Seton Youth Services shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.



Our Boys' House and Girls' House in central Virginia Beach each provide 24-hour emergency shelter for children ages 9 up to 18 and serve runaway and homeless youth, youth in crisis, and trafficked youth. In our shelters, residents are provided individual and family crisis counseling, youth advocacy, and daily psychoeducational groups. Our case managers facilitate coordination of services, community referrals and aftercare follow-up. All youth who enter the Shelters Program attend local, public schools. Need us? Call our 24-hour Crisis Hotline at 757.498.HELP (4357) or toll-free at 866.751.7640.



## Youth Outreach Program

Seton's Youth Outreach Program (YOP) offers direct outreach in the community, reaching out to thousands of youth, offering crisis intervention, counseling, and shelter options—a lifeline for this vulnerable population. Seton Youth Services is a National Safe Place licensed agency providing youth in crisis 12 up to 18 years old immediate access to help through a network of area sites sustained by qualified agencies, trained volunteers and businesses, and YOP oversees the Safe Place services offered through Seton. Youth can access safe transportation to our shelters by calling 757.498.HELP.

YOP also conducts street outreach to youth up to 18 years old through our Van Outreach Program operating throughout Hampton Roads, serving both Southside Hampton Roads and the Virginia Peninsula. Van Outreach is staffed with two trained outreach counselors offering on-site crisis counseling, crisis intervention, support services, food, clothing, hygiene items, and written information. Outreach vans are also mobile Safe Place Sites offering immediate access to emergency shelter for youth. For additional YOP information, please call 757.406.5522.



## Volunteer and Internship Opportunities

Seton Youth Services values our dedicated volunteers and offers many options for volunteering. For volunteer opportunities, visit our website at: [www.setonyouthservices.org/volunteer](http://www.setonyouthservices.org/volunteer).

Seton also offers practicum and internship placements for students seeking their degree in counseling, social work, psychology or related fields of study.



## 24-Hour Confidential Hotline

Seton's 24-hour confidential Hotline provides crisis and referral services to youth and their parents or caretakers. Hotline services assist youth and parents dealing with runaways, behavioral issues and homelessness to determine shelter needs. Referrals can be explored for family issues, school problems, abuse issues, anger management and other youth concerns. Our 24-hour Hotline serves as access to the National Safe Place program.

## Mentoring Program

Seton's Mentoring Program is available to youth 4 to 18 years, especially those affected by the incarceration of someone in his or her life. Each youth spends approximately one hour per week for a year with a trained, adult mentor. The goal of the program is to positively impact youth by matching them with an adult friend who will foster a sense of self-confidence and a positive outlook for the future. Volunteer mentors are provided with initial training and ongoing support from our staff for the duration of the match. Our program is offered at no cost. Please contact the MCP Director at 757.963.5795 x107 for more information.



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